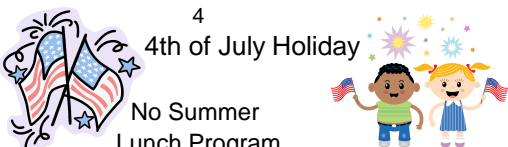


Quincy Public Schools, Summer Lunch Program

July 1- August 23, 2013. No Lunch July 4 or 5. Milk is served with all lunches. Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tuna Salad on a WG Hamburger Bun Potato Chips Box of Raisins 100% Juice	Turkey Salami and Cheese Sandwich 100% Juice Fresh Seasonal Fruit	PB and J GRAHAMwich Honey Soy Nuts Peach Cup 100% Juice	 <p>4th of July Holiday No Summer Lunch Program</p>	
Beef Meatballs in Tomato Sauce with Cheese on a French Roll 100 % Juice Mixed Fruit Cup	Turkey Ham and Cheese Sandwich 100% Juice Fresh Seasonal Fruit	Garden Salad with Grown Locally Greens and Veggies Cheddar Cheese Cubes PB and J GRAHAMwich	Deli Turkey Breast Kaiser Roll 100% Juice Fresh Seasonal Fruit	Peanutbutter and Jelly Uncrustable Sandwich Cheese Stick Fresh Baby Carrots w/Dip Craisins
Cheese Pizza Lunch Kit Apple Slices Box of Raisins	Turkey Bologna and Cheese Sandwich 100% Juice Fresh Seasonal Fruit	Garden Salad with Grown Locally Greens and Veggies Spicy Fajita Chicken PB and J GRAHAMwich	Deli Turkey Breast French Roll 100% Juice Fresh Seasonal Fruit	Summer Brunch Munch Bowl Pack Cereal Mozzarella Cheese Stick 4 oz Fruit Yogurt Cup 100% Juice, Mixed Fruit Cup
Chicken Salad on a WG Hamburger Bun Potato Chips 100% Juice Mixed Fruit Cup	Turkey Italaian Combo Sandwich 100% Juice Fresh Seasonal Fruit	Garden Salad with Grown Locally Greens, Cukes, Tomato Honey Soy Nuts PB and J GRAHAMwich	Deli Turkey Breast Submarine Roll 100% Juice Fresh Seasonal Fruit	Peanutbutter and Jelly Uncrustable Sandwich Cheese Stick Fresh Baby Carrots w/Dip Craisins
Beef Meatballs in Tomato Sauce with Cheese on a French Roll Fresh Seasonal Fruit 100% Juice	Turkey Salami and Cheese Sandwich 100% Juice Fresh Seasonal Fruit	Boneless Breaded Chicken Drummie Fresh Broccoli Salad Apple Fruit Turnover	Deli Turkey Breast Croissant Roll 100% Juice Fresh Seasonal Fruit	Summer Brunch Munch Maple Waffle Cheese Stick 4 oz Fruit Yogurt Cup 100% Juice, Mixed Fruit Cup
Turkey Italian Combo Submarine Roll 100% Juice Mixed Fruit Cup	Turkey Ham and Cheese Sandwich 100% Juice Fresh Seasonal Fruit	Garden Salad with Grown Locally Greens and Veggies Spicy Fajita Chicken PB and J GRAHAMwich	Deli Turkey Breast French Roll 100% Juice Fresh Seasonal Fruit	Peanutbutter and Jelly Uncrustable Sandwich Cheese Stick Fresh Baby Carrots w/Dip Craisins
Cheese Pizza Lunch Kit Apple Slices Box of Raisins	Turkey Bologna and Cheese Sandwich 100% Juice Fresh Seasonal Fruit	Garden Salad with Grown Locally Greens and Veggies Cheddar Cheese Cubes PB and J GRAHAMwich	Deli Turkey Breast Kaiser Roll 100% Juice Fresh Seasonal Fruit	Summer Brunch Munch Chocolate Chip Waffle Cheese Stick 4 oz Fruit Yogurt Cup 100% Juice, Mixed Fruit Cup
Egg Salad on a WG Hamburger Bun Potato Chips 100% Juice Fresh Seasonal Fruit	Turkey Italian Combo Sandwich 100% Juice Fresh Seasonal Fruit	Boneless Breaded Chicken Drummie with Carrot Raisin Slaw Apple Fruit Turnover	Deli Turkey Breast Submarine Sandwich 100% Juice Fresh Seasonal Fruit	Peanutbutter and Jelly Uncrustable Sandwich Cheese Stick Fresh Baby Carrots w/Dip Craisins

All children (18 yrs. and under) are welcome, no registration required. Meals have been prepared in a facility that is not allergen-free.
Meals may contain one or more of the following allergens: Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, Wheat.