Quincy Public Schools, Summer Lunch Program

July 1- August 23, 2013. No Lunch July 4 or 5. Milk is served with all lunches. Menu subject to change.

| | RIDAY |
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| Tuna Salad on a 1 Turkey Salami and Cheese 2 PB and J GRAHAMwich 3 4 | **** 5 |
| WG Hamburger Bun Sandwich Honey Soy Nuts 4th of July Holida | y * 禁 : |
| Potato Chips 100% Juice Peach Cup | |
| Box of Raisins Fresh Seasonal Fruit 100% Juice No Summer | |
| 100% Juice Lunch Program | 8 8 88 |
| Beef Meatballs in 8 Turkey Ham and Cheese 9 Garden Salad 10 Deli Turkey Breast 11 Peanutb | utter and Jelly 12 |
| Tomato Sauce with Cheese Sandwich with Grown Locally Kaiser Roll Uncrusta | ble Sandwich |
| | ese Stick |
| 100 % Juice Fresh Seasonal Fruit Cheddar Cheese Cubes Fresh Seasonal Fruit Fresh Bat | y Carrots w/Dip |
| ' | raisins |
| Cheese Pizza 15 Turkey Bologna and Cheese 16 Garden Salad 17 Deli Turkey Breast 18 Summer | Brunch Munch 19 |
| Lunch Kit Sandwich with Grown Locally French Roll Bowl F | ack Cereal |
| Apple Slices 100% Juice Greens and Veggies 100% Juice Mozzarel | a Cheese Stick |
| | it Yogurt Cup |
| | Mixed Fruit Cup |
| Chicken Salad on a 22 Turkey Italaian Combo 23 Garden Salad 24 Deli Turkey Breast 25 Peanutb | utter and Jelly 26 |
| WG Hamburger Bun Sandwich with Grown Locally Submarine Roll Uncrusta | ble Sandwich |
| Potato Chips 100% Juice Greens, Cukes, Tomato 100% Juice Che | ese Stick |
| 100% Juice Fresh Seasonal Fruit Honey Soy Nuts Fresh Seasonal Fruit Fresh Bat | y Carrots w/Dip |
| | raisins |
| Beef Meatballs in 29 Turkey Salami and Cheese 30 Boneless Breaded 31 Deli Turkey Breast 1 Summer | Brunch Munch 2 |
| Tomato Sauce with Cheese Sandwich Chicken Drummie Croissant Roll Map | le Waffle |
| | neese Stick |
| Fresh Seasonal Fruit Fresh Seasonal Fruit Apple Fruit Turnover Fresh Seasonal Fruit 4 oz Fruit Fresh Seasonal Fruit Fruit Fruit Fresh Seasonal Fruit Frui | it Yogurt Cup |
| | Mixed Fruit Cup |
| Turkey Italian Combo 5 Turkey Ham and Cheese 6 Garden Salad 7 Deli Turkey Breast 8 Peanutb | utter and Jelly 9 |
| Submarine Roll Sandwich with Grown Locally French Roll Uncrusta | ble Sandwich |
| 100% Juice 100% Juice Greens and Veggies 100% Juice Che | ese Stick |
| | y Carrots w/Dip |
| | raisins |
| , | Brunch Munch 16 |
| Lunch Kit Sandwich with Grown Locally Kaiser Roll Chocolate | e Chip Waffle |
| Apple Slices 100% Juice Greens and Veggies 100% Juice Che | ese Stick |
| Box of Raisins Fresh Seasonal Fruit Cheddar Cheese Cubes Fresh Seasonal Fruit 4 oz Fru | it Yogurt Cup |
| | Mixed Fruit Cup |
| Egg Salad on a 19 Turkey Italian Combo 20 Boneless Breaded 21 Deli Turkey Breast 22 Peanutb | utter and Jelly 23 |
| | ble Sandwich |
| | bic Gariawich |
| WG Hamburger Bun Sandwich Chicken Drummie Submarine Sandwich Uncrusta | ese Stick |
| WG Hamburger Bun Sandwich Chicken Drummie Submarine Sandwich Uncrusta Potato Chips 100% Juice with Carrot Raisin Slaw 100% Juice Che | |

All children (18 yrs. and under) are welcome, no registration required. Meals have been prepared in a facility that is not allergen-free. Meals may contain one or more of the following allergens: Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, Wheat.