



SUMMER LUNCH PROGRAM MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Questions? Suggestions? Please contact the School Nutrition Department: (617) 984-8768</p> <p>Please Note: Milk is served with all summer meals</p> <p>NO SUMMER LUNCH PROGRAM</p>	<p>3</p>  <p>NO SUMMER LUNCH PROGRAM</p>	<p>4</p>  <p>NO SUMMER LUNCH PROGRAM</p>	<p>5</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo on a WW Sub 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>6</p> <p>Peanut Butter & Jelly Jamwich Mozzarella String Cheese Fresh Baby Carrots 100% Blended Fruit Juice—Apple</p>
<p>9</p> <p>Chicken Salad on a WW Tortilla 100% Blended Fruit Juice—Mixed Berry Craisins</p>	<p>10</p> <p>Ham & Cheese w/ a side of Mustard On a WG Sandwich 100% Blended Fruit Juice—Strawberry Kiwi Orange</p>	<p>11</p> <p>Salad w/ Mixed Greens Cukes and Cherry Tomatoes Shredded Cheese Peanut Butter & Jelly Jamwich Box of Raisins</p>	<p>12</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo On a WG Hamburger Bun 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>13</p> <p>Peanut Butter & Jelly Gramwich Strawberry Smoothie Fresh Baby Carrots Apple</p>
<p>16</p> <p>BBQ Chicken & Shredded Mozzarella Cheese on a WW Sub 100% Blended Fruit Juice—Mixed Berry Craisins</p>	<p>17</p> <p>Tuna Salad on a WW Tortilla 100 % Fruit Juice Blend—Strawberry Kiwi Banana</p>	<p>18</p> <p>Chef Salad with Turkey, Ham & Cheese W/ Dressing Box of Raisins</p>	<p>19</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo on a French Roll 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>20</p> <p>Peanut Butter & Jelly Jamwich Mozzarella String Cheese Fresh Baby Carrots 100% Blended Fruit Juice—Apple</p>
<p>23</p> <p>Chicken Salad on a WW Tortilla 100% Blended Fruit Juice—Mixed Berry Craisins</p>	<p>24</p> <p>Ham & Cheese w/ a side of Mustard on a WW Sub 100% Blended Fruit Juice—Strawberry Kiwi Orange</p>	<p>25</p> <p>Salad w/ Mixed Greens Cukes and Cherry Tomatoes Shredded Cheese Peanut Butter & Jelly Jamwich Box of Raisins</p>	<p>26</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo on a WW Sub 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>27</p> <p>Peanut Butter and jelly Gramwich Strawberry Smoothie Fresh Baby Carrots Apple</p>
<p>30</p> <p>BBQ Chicken & Shredded Mozzarella Cheese on a WW Sub 100% Blended Fruit Juice—Mixed Berry Craisins</p>	<p>31</p> <p>Tuna Salad on a WW Tortilla 100% Blended Fruit Juice—Strawberry Kiwi Banana</p>	<p>1</p> <p>Chef Salad with Turkey, Ham & Cheese W/ Dressing Box of Raisins</p>	<p>2</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo On a WG Hamburger Bun 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>3</p> <p>Peanut Butter & Jelly Jamwich Mozzarella String Cheese Fresh Baby Carrots Apple</p>
<p>6</p> <p>Chicken Salad on a WW Tortilla 100% Blended Fruit Juice—Mixed Berry Craisins</p>	<p>7</p> <p>Ham & Cheese w/ a side of Mustard on a WW Sub 100% Blended Fruit Juice—Strawberry Kiwi Orange</p>	<p>8</p> <p>Salad w/ Mixed Greens Cukes and Cherry Tomatoes Shredded Cheese Peanut Butter & Jelly Jamwich Box of Raisins</p>	<p>9</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo On a French Roll 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>10</p> <p>Peanut Butter and jelly Gramwich Strawberry Smoothie Fresh Baby Carrots 100% Blended Fruit Juice—Apple</p>
<p>13</p> <p>BBQ Chicken & Shredded Mozzarella Cheese on a WW Sub 100% Blended Fruit Juice—Mixed Berry Craisins</p>	<p>14</p> <p>Tuna Salad on a WW Tortilla 100% Blended Fruit Juice—Strawberry Kiwi Banana</p>	<p>15</p> <p>Chef Salad with Turkey, Ham & Cheese W/ Dressing Box of Raisins</p>	<p>16</p> <p>Deli Turkey Breast & Cheese w/ a side of Mayo on a WW Sub 100% Blended Fruit Juice—Fruit Punch Strawberry Cup</p>	<p>17</p> <p>Peanut Butter & Jelly Jamwich Mozzarella String Cheese Fresh Baby Carrots Apple</p>

Menu is subject to change. Meals have been pared in a facility that is not allergy free. Meals may contain one or more of the following allergens: Eggs, Fish, Peanuts, Tree Nuts, Soy, Shellfish, Wheat.

Please contact the food service office with questions or comments—617-984-8768. "This is an equal opportunity provider."

SUMMER EATS

FREE MEALS FOR KIDS & TEENS

City of Quincy Summer Food Program Sites

1. Snug Harbor School - 333 Palmer St., Germantown
2. Lincoln Hancock School - 300 Granite St., Quincy Center
3. Parker School - 148 Billings Rd., North Quincy
4. Montclair School - 8 Belmont St., North Quincy
5. Ward II Community Center - 16 Nevada Rd., Quincy Point
6. **NEW SITE!** Broad Meadows Middle School - 50 Calvin Rd., Quincy

Lunches are served Monday- Friday from
11:00 a.m. -1:00 p.m.

You can also find our summer menu at
<https://quincyps.nutrislice.com/menu>



QUINCY PUBLIC SCHOOLS
MASSACHUSETTS

Free Summer Lunch Program

The summer food service program ensures that kids still receive nutritious meals when school is not in session.

Every balanced meal consists of milk, fruit and/or vegetable, whole grain, and protein.

The program is open to all kids and teens up to 18 years old. Adults over 18 may not participate or eat any part of the meal.

Meals are free at sites throughout the city of Quincy all summer long; meals must be consumed at the site.



Genius Starts with Food