MINIMINION STATES

MARKEREREM

LEMENTARY SCHOOL

uincy School Nutrition

Meal Pricing

Breakfast: \$1.00 full price; \$.25 Reduced Price

Lunch: \$2.25 Full Price; \$.40 Reduced Price

Milk: \$.50

Adult: Breakfast \$1.75; Lunch \$3.00; Milk \$.60

F/R meal eligibility must be established each school year.

If you receive a "DIRECT CERTI-FICATION" letter you do not need to submit an application. Applications are sent home at the start of school & are available online at www.quincypublicschools.com.

Households may also apply online at www.heartlandapps.com

Meal prepayments can be made at www.myschoolbucks.com

F/R applications may be submitted at any time during the school

ALTERNATIVE LUNCH

OPTIONS:

Veggie Plate:

Fresh seasonal Veggies, Cheese Stick and Pretzels & Graham Crackers

Available W/TH/F

Pre-packed Cold Lunch: Yogurt,

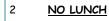
Cheese Stick, WG WW Bagel, Fruit, Baby Carrots, Milk Choice

(WHILE SUPPLIES LAST—LIMITED STORAGE SPACE)

Available Mondays Only



Grilled Cheese Carrot Snack Packs Seasonal Fruit





Build Your Own Beef Meatball Sub

Steamed Green Beans Seasonal Fruit

Breaded Fish Bites WW Dinner Roll Steamed Peas Kidney Beans

5 Breaded Chicken Fritters Steamed Broccoli WW Dinner Roll

Seasonal Fruit



M

Pizza Sticks w/ Marinara Dipping Sauce Carrot Snack Packs Seasonal Fruit



NO LUNCH



Popcorn Chicken w/ Macaroni & Cheese

Steamed Green Beans WW Dinner Roll Seasonal Fruit

11 Turkey Taco Nachos Shredded Cheese

Seasonal Fruit

Corn, Black Beans, Salsa & Tortilla Chips

Seasonal Fruit

12

Turkey & American Cheese On a WW Bun

Caesar Salad

Seasonal Fruit



French Bread Pizza Carrot Snack Packs Seasonal Fruit

Round Personal Pizza

Carrot Snack Packs

Seasonal Fruit





Ham & Cheese on

A WW Bun Celery Sticks with

18 Turkey Frank

On a WW Bun

French Fries Vegetarian Beans

Seasonal Fruit

19 Cold Italian WW Hoagie

26

Sliced Ham, Pepperoni, & American Cheese

Romaine Salad

Seasonal Fruit

Chicken Strips



22



V

23

NO LUNCH



Spaghetti & Beef

Meatballs Garlic Texas Toast Steamed Green Beans

Season Fruit

Ranch Dipper

Seasonal Fruit

25

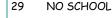
WW French Toast Turkey Sausage

WW Dinner Roll

Tater Tots

On a Bed of Caesar Salad 2 WW Dinner Roll

Seasonal Fruit





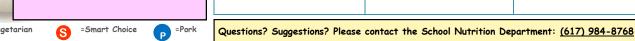
30 NO LUNCH



31

Breaded Chicken & Waffles w/ Syrup Steamed Green Beans

Seasonal Fruit





MARKERERERE